

POWERUP!

Mentor Foundation C.I.O.



A MENTOR/MENTEE programme.

SUPPORTING YOUNG PEOPLE TO INCREASE
SELF-BELIEF, POSITIVITY, DREAMS AND
RESILIENCE.

ABOUT US

THE POWER-UP! PROGRAMME IS A MENTORING SCHEME THAT SUPPORTS YOUNG PEOPLE IN SCHOOLS AND COLLEGES ACROSS THE MIDLANDS BY ASSIGNING THEM A MENTOR FROM A LOCAL BUSINESS. THE PROGRAMME AIMS TO INCREASE INDIVIDUALS AMBITIONS, ASPIRATIONS, AND WHERE NECESSARY GUIDE THEM WITH THEIR POST - 16 PATHWAYS.

THE SUPPORT CAN HELP TO SHOW STUDENTS THE REQUIRED SKILLS THAT ARE RELEVANT FOR THE WORLD OF WORK, AS WELL AS INCREASE THEIR CONFIDENCE AND RAISE THEIR SELF-ESTEEM, GIVING THEM ALL OF THE TOOLS AND SUPPORT THEY NEED TO SUCCESSFULLY DECIDE THE BEST POST-16 OPTION FOR THEMSELVES. THE PROGRAMME IS AVAILABLE TO ALL EDUCATIONAL ESTABLISHMENTS ACROSS THE MIDLANDS AND TO STUDENTS WHO WOULD BENEFIT!

MENTORING CAN BE CARRIED OUT THROUGH CONVERSATION, SHARING EXPERIENCES, EXCHANGING INFORMATION, AND OFFERING RELEVANT AND FUN OPPORTUNITIES WITHIN THEIR LOCAL AREA.



WHO ARE WE?



Darren Houlcroft

VICE CHAIRMAN, TRUSTEE AND POWER-UP MENTOR.

PRINCIPAL AT HOULCROFT WEALTH MANAGEMENT,
PARTNER PRACTICE AT ST JAMES S PLACE
WEALTH MANAGEMENT.

PARTICIPATED IN A CAREER
CHANGE PROGRAMME PRIOR.

Julie Dyer

TREASURER.

A PASSIONATE AND DRIVEN TRAINER.

ENFORCES POSITIVE ETHICS AND
VALUES TO THE PROGRAMME



Katrina Kerr

MENTOR AND TRUSTEE. OPERATIONS
DIRECTOR FOR RIFT ACTUATORS.
A MANUFACTURER BASED IN MALVERN.

BRINGS STRONG MENTAL WELLBEING AND
COMMITMENT TO GROW THE FOUNDATION
BY REACHING AS MANY MENTEES AS
POSSIBLE.



Louise Laxton

PREVIOUS HEAD OF CAREERS,
RETIRED. A CONTRIBUTOR,
TRUSTEE AND FOUNDER OF THE
SCHEME.

OFFERED STRANDS OF SUPPORT
FOR PUPILS AND THEIR SUCCESS.

Mark Ridings



CONTRIBUTOR AND TRUSTEE.

PREVIOUS MANAGING DIRECTOR
OF LAZERCOMB GROUP, RETIRED.

WAS MENTORED HIMSELF AND
UNDERSTANDS THE BENEFITS.

Dr Rob Milford

TOOLKIT AUTHOUR AND
PROGRAMME TRAINER



HELPED INSURE THE PROGRAMME
WAS SUPPORTED AND APPROVED.

MANAGING DIRECTOR OF MILFORD
RESEARCH AND CONSULTANCY LTD.

Simon G. Hyde

ESTABLISHED AND RUNNING THE MENTOR SCHEME.

THE CEO OF FAUN-ZOELLER.

A RECOGNISED CHANGE
MANAGER IN STRATEGIC
AND OPERATIONAL
DEVELOPMENT FOR SHORT
AND LONG TERM
PROGRAMMES.



OTHER CONTRIBUTORS:

Sandra Howells

MENTORS



ROLE

THE AIM OF THE POWER-UP! PROGRAMME IS TO SUPPORT WORCESTERSHIRE'S YOUNG PEOPLE WITH THEIR FUTURE CAREER ASPIRATIONS AND ENSURE THAT ALL YOUNG PEOPLE ARE IN A DESTINATION MOST SUITED TO THEIR NEEDS AND DREAMS WHEN THEY LEAVE SCHOOL. THIS IS ACHIEVED THROUGH CONVERSATION INSPIRING AND ENCOURAGING THEM TO REALISE THEIR POTENTIAL. CONVERSATIONS CAN INCLUDE, SHARING OF EXPERIENCES, DISCUSSION, EXCHANGING INFORMATION, SIGNPOSTING, AND WHERE APPROPRIATE OFFERING RELEVANT AND ENGAGING OPPORTUNITIES.

THE SUPPORT FROM THE MENTOR CAN SHOW STUDENTS THE REQUIRED SKILLS THAT ARE RELEVANT FOR THE WORKPLACE AS WELL AS BOOSTING THEIR CONFIDENCE AND SELF ESTEEM.

MENTOR FEEDBACK



I MUST ADMIT, BEFORE I VISITED MY MENTEE, I WAS NERVOUS. UNUSUALLY SO BECAUSE I MEET MANY PEOPLE THROUGHOUT A NORMAL WORKING WEEK. BUT THIS WAS DIFFERENT. I WANTED TO MAKE A GOOD IMPRESSION, TO ENSURE MY MENTEE FELT COMFORTABLE AND HAPPY TALKING. THANKFULLY, ALL THE STAFF AT BIRCHENSALE DID A FANTASTIC JOB IN PREPARING ME FOR MY FIRST MENTEE SESSION.

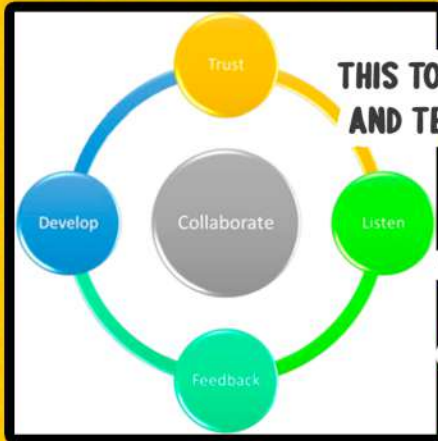
THE FIRST SESSION WENT FAST. I HAD PREPARED WELL, BUT REMAINED NERVOUS, HAVING NEVER ACTED AS A MENTOR FOR A CHILD BEFORE. HOWEVER, AS SOON AS WE MET, THE NERVES FADED AWAY AND WE WERE OFF ON OUR DISCOVERY ABOUT EACH OTHER. I THOROUGHLY ENJOYED IT!

I CAME AWAY FROM THE SESSION DISCOVERING SO MUCH MORE ABOUT MYSELF. IT LEFT ME THINKING ABOUT WAYS TO INCORPORATE WHAT I D LEARNT AS A MENTOR, IN MY EVERYDAY WORKING LIFE, AND VICE VERSA. THIS IS A VERY REWARDING JOURNEY AND MY SUBSEQUENT SESSION WITH MY MENTEE HAS CEMENTED THAT THEY FEEL THE SAME.

-CHRIS GEE, MANAGER FOR HITACHI.

& THEIR ROLE

TRAINING



THIS TOOLKIT IS SET OUT IN EASY-TO-USE BOOKS THAT COMPLETE THE RANGE OF TOOLS AND TECHNIQUES THAT HELP THE INDIVIDUAL MENTORS AND MENTEES TACKLE THE 5 KEY ASPECTS OF MENTORING:

- . TRUST – BUILDING THIS BETWEEN MENTOR AND MENTEE
- . LISTENING – ENSURING THE MENTOR AND MENTEE FOCUS TO THE MENTEE NEEDS
- . FEEDBACK – CHECKING THAT THE MENTOR AND MENTEE ARE ALIGNED
- . DEVELOPING – WORKING OUT SOLUTIONS TARGETED TO THE INDIVIDUAL MENTEE
- . COLLABORATING – ACHIEVING TOGETHER WHAT CANNOT BE ACHIEVED ALONE

THIS TOOLKIT CONTAINS THREE BOOKS THAT COMPLETE THE PROGRAMME FOR PROFESSIONAL AWARDS (THE INSTITUTE PROFESSIONAL MEMBERSHIP).

- . BOOK 1-TOOLS SPECIFICALLY FOR THE MENTOR TO USE
- . BOOK 2 – TOOLS FOR BOTH MENTOR AND MENTEE TO USE
- . BOOK 3 – MORE ADVANCED TOOLS FOR MENTOR AND MENTEE TO USE

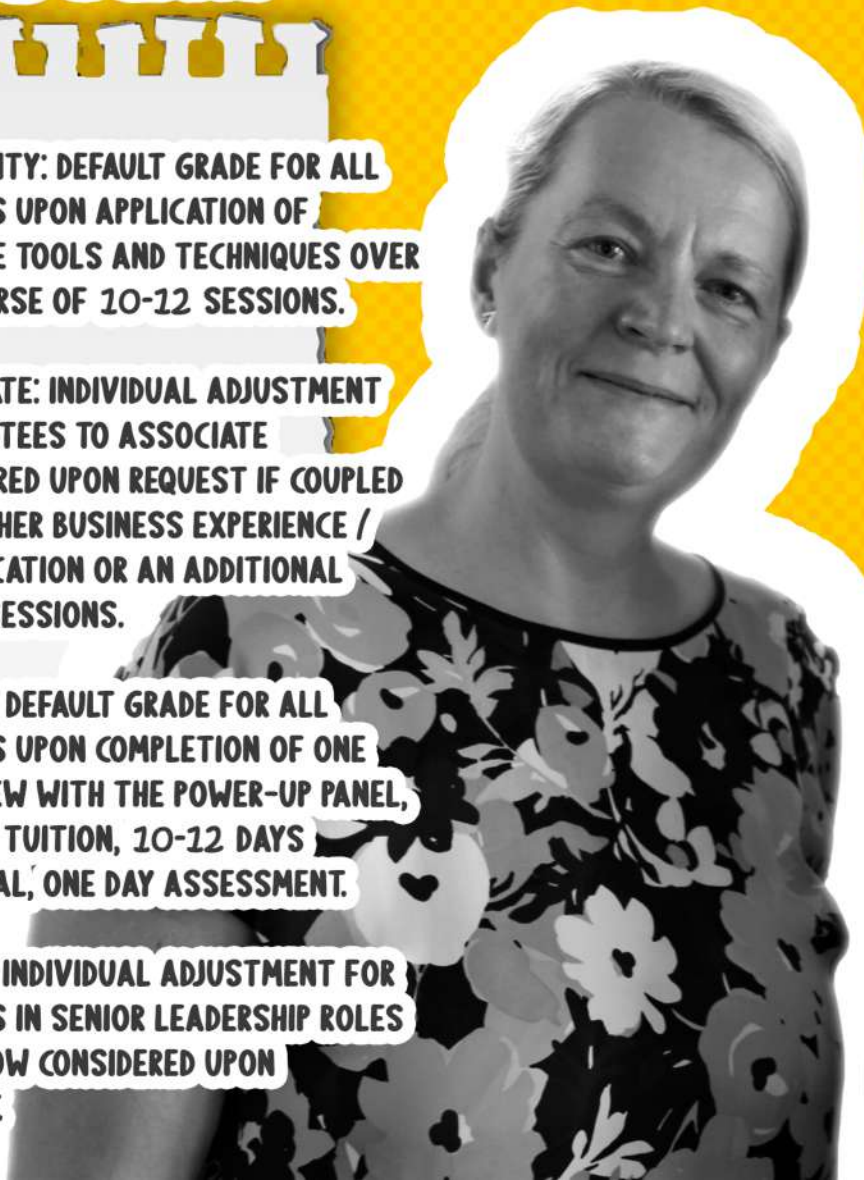
GRADING SYSTEM

COMMUNITY: DEFAULT GRADE FOR ALL MENTEES UPON APPLICATION OF MULTIPLE TOOLS AND TECHNIQUES OVER THE COURSE OF 10-12 SESSIONS.

ASSOCIATE: INDIVIDUAL ADJUSTMENT FOR MENTEES TO ASSOCIATE CONSIDERED UPON REQUEST IF COUPLED WITH OTHER BUSINESS EXPERIENCE / QUALIFICATION OR AN ADDITIONAL 10-12 SESSIONS.

MEMBER: DEFAULT GRADE FOR ALL MENTORS UPON COMPLETION OF ONE INTERVIEW WITH THE POWER-UP PANEL, ONE DAY TUITION, 10-12 DAYS PRACTICAL, ONE DAY ASSESSMENT.

FELLOW: INDIVIDUAL ADJUSTMENT FOR MENTORS IN SENIOR LEADERSHIP ROLES TO FELLOW CONSIDERED UPON REQUEST.



MENTEES

GET A TASTE OF AN AUTHENTIC
WORKING ENVIRONMENT.



DEVELOP CONFIDENCE AND BECOME PROACTIVE!

LEARN TRANSFERABLE SKILLS LIKE:

- COMMUNICATION
- TIME MANAGEMENT
- INNOVATION

At

THE BENEFITS

STAND OUT-

ADVANCE YOUR CV.



OFFICIAL 'INSTITUTE OF LEADERSHIP'

APPROVED CERTIFICATION, AWARD AND

RESOURCE MEMBERSHIP FOR COMPLETING THE

COURSE. - WWW.INSTITUTELM.COM

CLEAR IDEAS OF POSSIBLE

CAREERS/OPPORTUNITIES.



MENTEE EXPERIENCE:

SINCE MY MENTORSHIP WITH ROBERT MILFORD OF MILFORD RESEARCH AND CONSULTANCY, WE HAVE BEEN WORKING WITH EACH OTHER ON A REGULAR BASIS FOR NUMEROUS YEARS. THIS INCLUDED US COLLABORATING ON PUBLICATIONS OF REVAMPED MARKETING MATERIALS, WEEKLY VIDEO CALLS TALKING ABOUT MY PROGRESS THROUGH THE SCHEME OR BUSINESS-RELATED TOPICS TO HELP WITH MY COURSEWORK AND SO ON. BECAUSE OF MY CONTRIBUTION TO BOTH SOLIDIFYING THE PHYSICALITY OF POWER UP! AND HELPING ROB WITH THE COMPANY'S PROMOTION, I WAS INVITED TO AMAZING EVENTS SUCH AS THE FIRST INSTITUTE OF LEADERSHIP AWARDS NIGHT AS PART OF THE MILFORD RESEARCH TEAM TO GROW MY CORPORATE CONNECTIONS AND CONFIDENCE IN CONVERSING. I AM NOW AN OFFICIAL FULL-TIME EMPLOYEE AT MILFORD RESEARCH AS A MARKETER AND EVENTS COORDINATOR- I WOULD NEVER BE IN THE POSITION I AM TODAY WITHOUT MEETING ROB AND COMPLETING THE POWER-UP! MENTORING! - LIBBY MCCANN, LIBBY.MCCANN@MILFORDRESEARCH.CO.UK

SCHOOLS

THE POWER-UP MENTORING SCHEME IS VERY BENEFICIAL TO STUDENTS IN MANY WAYS. IT LINKS THE WORLD OF BUSINESS ON MANY LEVELS TO SCHOOL AND EDUCATION. THE STUDENTS GET AN INSIGHT INTO THE WORLD OF WORK AND CAREER PATHWAYS BEYOND SCHOOL. THE SCHEME BUILDS RELATIONSHIPS BETWEEN LOCAL BUSINESSES THAT OFTEN HAVE LINKS TO OTHER COUNTRIES AND SITES IN THE UK TO STUDENTS ABOUT TO EMBARK UPON THE NEXT STAGE OF THEIR EDUCATION OR CAREER PATHWAY. THE MENTORING SCHEME OFFERS ANOTHER STRAND OF REAL KNOWLEDGE, SUPPORT, AND SKILLS FROM THE BUSINESS WORLD.



TRINITY HIGH SCHOOL AND SIXTH FORM CENTRE, REDDITCH:

“HERE AT TRINITY THE MENTORING SCHEME HAS REALLY BLOSSOMED FROM FIVE YEARS AGO AND IS NOW THE FULLY OPERATIONAL POWER-UP MENTORING SCHEME. THE SUCCESS OF THE SCHEME HAS ENABLED OUR SELECTED STUDENTS TO GAIN MORE CONFIDENCE, HAVE PREPARATION FOR INTERVIEWS, WRITE BETTER APPLICATIONS, HAVE KNOWLEDGE OF THE WORLD OF WORK AS WELL AS HAVE CAREER OPPORTUNITIES SUCH AS SHADOWING AND APPRENTICESHIPS. THE SCHEME CAN ALSO OFFER ADVICE, CLARIFICATION OF SITUATIONS AND EMOTIONAL SUPPORT THAT WORKS ALONGSIDE EVERYTHING TRINITY DOES FOR THE STUDENTS.” -LOUISE LAXTON, RETIRED CAREERS LEAD.



AREAS OF OPERATION



"THE PROGRAMME CONTENT, LEARNING MATERIALS AND APPROACHES HAVE BEEN ASSESSED TO BE CURRENT, RELEVANT AND OF A HIGH QUALITY, SUPPORTING AND ATTRACTING THE DIVERSE NEEDS OF LEARNERS."

"XXXX IS MUCH MORE POSITIVE ABOUT SCHOOL, HIS ATTENDANCE HAS RISEN, AND HE HAS SAT MOCK EXAMINATIONS WHERE HIS MARKS HAVE ON THE WHOLE RISEN."

CONTACT US

Change a life, become a Mentor.

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TRAINING PROVIDER: ROBERTMILFORD@MILFORDRESEARCH.CO.UK
FIND OUT MORE: [HTTPS://WWW.POWER-UP.ME/](https://www.power-up.me/)

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